Green Waggener shows off his skills with an Atlatl, a prehistoric weapon, as Mike Thoman of the Florida Archeology Network looks on Saturday during National Archeology Day at the Florida Archeology Network in downtown Pensacola.

The thing about throw with the atlatl, Mike Thom...
Green Waggener, one of Saturday’s attendees, teaches exercise science at UWF and saw the atlatl as an early form of modern technology.

“In exercise science, we look at ways to improve people’s performance with what they call ergonomic aids,” Waggener said. “This was an early ergonomic aid for getting supper to the plate.”

With her own dart loaded and ready to go, Reid, donning a Florida Gators visor, cocked her arm back and let loose the 4-foot dart. Her aim was good, but the missile fell just short of its target. In fact, no one at Saturday’s event was able to hit the target.

“We debated, but we decided to miss the game,” Reid said of Saturday’s Florida-Missouri college football game. “Because this is once a year.”

Reid’s husband, Randy, was quick to note that the couple were recording the game but didn’t want to miss such a unique opportunity.

“It’s great any time you get to play with toys,” he joked. “It’s one of those things that if you’re not really involved in history, you think we went from spears right to bows and arrows, but this is a complete intermediate technology.”